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## **POSTOPERATIVE SURGICAL CARE**

You may take a shower but avoid getting the incision wet. If the bandage does become wet, replace it with a dry bandage. Do not remove bandage for three days. After three days the outside bandage may be removed but leave any small Steri-strips that may be across your incision(s). They will eventually fall off on their own.

Do not lift anything heavier than 10 lbs. for one week if you had abdominal surgery. If you had hernia repair, no lifting more than 10 lbs. for one month after surgery. Do not drive for three days following surgery or while taking narcotic pain medication.

Please call our office if you develop a fever greater than 100.4.

Please call our office at (256-736-2263) if you have any questions.